



**BAKKE**  
CHIROPRACTIC

## CONFIDENTIAL PATIENT INFORMATION

### Clinic Use Only

\_\_\_\_ New W/C \_\_\_\_  
\_\_\_\_ PPN Auto \_\_\_\_ Dr: \_\_\_\_ Xray# \_\_\_\_ Chart# \_\_\_\_  
\_\_\_\_ React Update \_\_\_\_ Clinic: \_\_\_\_

### CPI Reviewed

Date & Initial: \_\_\_\_ Date & Initial: \_\_\_\_ Date & Initial: \_\_\_\_

### Patient Information

Last Name: \_\_\_\_ First Name: \_\_\_\_ M.I.: \_\_\_\_

Address: \_\_\_\_ Apt/Unit #: \_\_\_\_

City: \_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_

Primary Phone #: \_\_\_\_ Other Phone #: \_\_\_\_

☐ Ok to leave a voicemail at the Primary Number.

Date of Birth: \_\_\_\_ Social Security #: \_\_\_\_ - \_\_\_\_ - \_\_\_\_ Marital: S M D W Sex: M F  
(VA Patients Required)

• IF PATIENT IS A MINOR: Responsible Party's Name: \_\_\_\_

Responsible Party's DOB: \_\_\_\_ Responsible Party's Phone #: \_\_\_\_

Responsible Party's Address (if different from above): \_\_\_\_

### Health Insurance Information

#### Primary Insurance:

Ins Name: \_\_\_\_

Address: \_\_\_\_

State: \_\_\_\_ Zip: \_\_\_\_

Subscriber's Name: \_\_\_\_

Subscriber's Birthdate: \_\_\_\_

Policy ID#: \_\_\_\_

Group #: \_\_\_\_

#### Secondary Insurance:

Ins Name: \_\_\_\_

Address: \_\_\_\_

State: \_\_\_\_ Zip: \_\_\_\_

Subscriber's Name: \_\_\_\_

Subscriber's Birthdate: \_\_\_\_

Policy ID#: \_\_\_\_

Group #: \_\_\_\_

### Emergency Contact Information

Spouse's Name: \_\_\_\_

Spouse's DOB: \_\_\_\_

Primary Ph #: \_\_\_\_

Other Contact Name: \_\_\_\_

Relationship: \_\_\_\_

Primary Ph #: \_\_\_\_

### Release of Information

Authorized Person: \_\_\_\_

Authorized Person: \_\_\_\_

Authorization Expiration Date: \_\_\_\_

Relationship to Patient: \_\_\_\_

Relationship to Patient: \_\_\_\_

Patient/ Guardian Signature: \_\_\_\_ Date: \_\_\_\_

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

 Race: \_\_\_\_\_ Ethnicity: Hispanic/ Non- Hispanic Height: \_\_\_\_\_ Weight: \_\_\_\_\_ ☐ Male ☐ Female

 Do you have a Pacemaker or Heart Monitor? ☐ Yes ☐ No

 When did symptoms start: \_\_\_\_\_ ☐ Is it constant ☐ or does it come and go

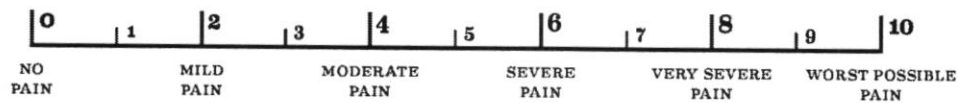
Describe what happened: \_\_\_\_\_

 Area of Pain/Discomfort: \_\_\_\_\_ Is this condition getting worse? ☐ Yes ☐ No

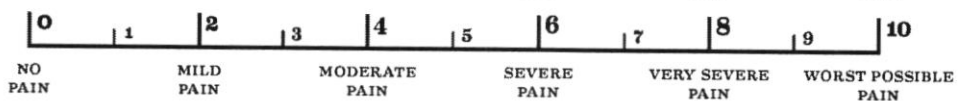
 Does it interfere with ☐ Work ☐ Sleep ☐ Daily Routine ☐ Recreation

**Mark your pain from 0 to 10 on the scale below**

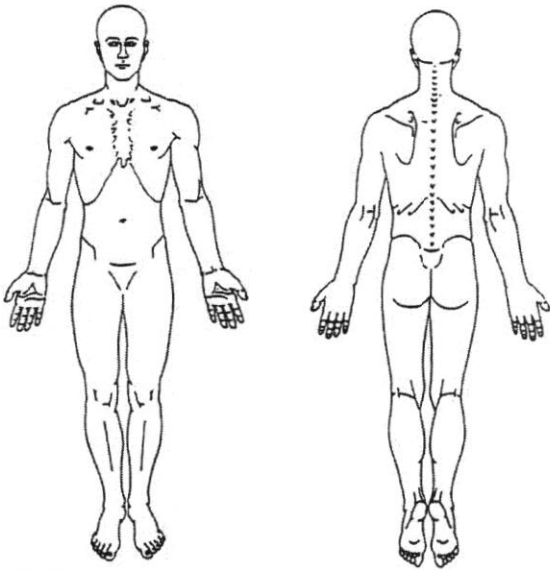
(At Rest)



(With Activity)



Mark an "X" on the picture below where you have pain, numbness, stiffness, tingling, etc.


 Please put a "✓" on the **Following Activities of Daily Living** that you have difficulty doing.

- |   |   |
|---|---|
| <input type="checkbox"/> Lying on Back/ Side/ Stomach | <input type="checkbox"/> Standing                   |
| <input type="checkbox"/> Lifting                      | <input type="checkbox"/> Bending Forward/ Backward  |
| <input type="checkbox"/> Kneeling                     | <input type="checkbox"/> Twist/Turn- LT/ RT         |
| <input type="checkbox"/> Looking Up/ Looking Down     | <input type="checkbox"/> Stooping/Squatting         |
| <input type="checkbox"/> Gripping                     | <input type="checkbox"/> Sleeping                   |
| <input type="checkbox"/> Sitting/Driving/Riding       | <input type="checkbox"/> Turning Over in Bed        |
| <input type="checkbox"/> Pushing/Pulling              | <input type="checkbox"/> Dressing Self/Bathing Self |
| <input type="checkbox"/> Get In/Out of Chair          | <input type="checkbox"/> Using Computer             |
| <input type="checkbox"/> Walking                      | <input type="checkbox"/> Cough/Sneeze               |
| <input type="checkbox"/> Reaching                     | <input type="checkbox"/> Exercise                   |
| <input type="checkbox"/> Using Stairs                 | <input type="checkbox"/> Other                      |

**Over the past 2 weeks, how often have you been bothered by any of the following?**

	Not At all	Several Days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3

Total: \_\_\_\_\_

## Medications

List all medications you are currently taking: \_\_\_\_\_

(If you have a list of your medications, please present it to staff upon completion of this form.)

Allergies to Medications: \_\_\_\_\_

Other/Vitamins/Herbs/Minerals/Supplements: \_\_\_\_\_

**Personal History**Have you received chiropractic care in the past? ☐ Yes ☐ No If yes, how long ago was your last treatment/ visit? \_\_\_\_\_

Name of your Primary Medical Doctor: \_\_\_\_\_ Date of last Physical Exam: \_\_\_\_\_

Are you currently under the care of a healthcare provider? ☐ Yes ☐ No If yes, for what condition(s) \_\_\_\_\_**System Review Questions**Have you had any problems with the following areas **Now or In the Past?** (Place a "✓" next to the areas)☐ Eyes (Glasses, Contacts, Floaters, Cataracts, Glaucoma, Etc.)☐ Gastro-Intestinal (Acid Reflux, Ulcers, Gall Bladder, IBS, Etc.)☐ Ears, Mouth, Nose, Throat (Hearing Loss, Sinus, Etc.)☐ Genito-Urinary (Male/Female Reproductive, Kidney, Bladder, Etc.)☐ Cardiovascular (Heart, High BP, High Cholesterol, Etc.)☐ Musculoskeletal (Breaks, Arthritis, Osteoporosis, Discs, Etc.)☐ Respiratory (Lungs, Breathing, Asthma, COPD, Etc.)☐ Skin (Rashes, Skin Cancer, Dryness, Psoriasis, Eczema, Hair, Etc.)☐ Neurological (Nerve Issues, Weakness, Numbness, Etc.)☐ Psychiatric (Anxiety, Depression, Bipolar, ADD/ADHD, Etc.)☐ Endocrine (Thyroid, Hormonal Imbalances, Liver, Etc.)☐ Others: \_\_\_\_\_**Describe any major Illnesses, Injuries, Falls, Hospitalizations, Accidents or Surgeries:**Date: \_\_\_\_\_ Doctor: \_\_\_\_\_ Conditions: \_\_\_\_\_ ☐ Full Recovery ☐ ComplicationsDate: \_\_\_\_\_ Doctor: \_\_\_\_\_ Conditions: \_\_\_\_\_ ☐ Full Recovery ☐ Complications**Have you ever:** (Place a "✓" next to the areas)☐ Lost consciousness Date: \_\_\_\_\_ ☐ Been treated for spine/nerve disorder Date: \_\_\_\_\_☐ Used a cane/crutch Date: \_\_\_\_\_ ☐ Had mental/emotional disorders Date: \_\_\_\_\_**Family History****Social History**

	Self	Mother	Father	Sister	Brother
Cancer					
Rheumatoid Arthritis					
Diabetes					
Heart Disease					
High Blood Pressure					
High Cholesterol					
Osteoporosis					
Stroke					
Thyroid Disease					
Multiple Sclerosis					

**Work Activity:** ☐ Sitting ☐ Standing ☐ Light Work ☐ Heavy Work**Diet/Nutrition:** Are you on any special diet? ☐ Yes ☐ No

If yes, for what reason? \_\_\_\_\_

How many 8 oz glasses of water do you drink a day? \_\_\_\_\_

How many caffeine drinks do you drink a day? (soda, coffee, etc.)

Cans \_\_\_\_\_ Cups \_\_\_\_\_ None \_\_\_\_\_

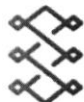
**Habits:** Tobacco Use (Smoking/ Vaping) ☐ Now ☐ Former ☐ Never

If now or former, how long? \_\_\_\_\_

Chewing Tobacco use: ☐ Now ☐ Former ☐ NeverAlcohol Use: ☐ Rare ☐ Occasional ☐ Regular ☐ NeverDo you exercise: ☐ Yes ☐ No If yes, how long? \_\_\_\_\_

Signature of Patient/ Parent or Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

**Women's Section Only****Check the following conditions you have/have had:**Painful Menstruation ☐ Irregular Cycle ☐ Lump(s) in Breast(s) ☐ Menopausal Symptoms ☐ Using Birth Control ☐ Abnormal PAPDate of last period: \_\_\_\_\_ ☐ No longer have Menstrual Cycle ☐ Previous Miscarriage(s)Are you pregnant? ☐ Yes (If yes, Due Date) \_\_\_\_\_ OB Clinic Location: \_\_\_\_\_ ☐ No



**BAKKE**  
CHIROPRACTIC

## HIPAA AUTHORIZATION FORM

### Acknowledgment for Consent to Use and Disclose Protected Health Information

#### Use and Disclosure of your Protected Health Information

Your Protected Health Information will be used by Bakke Chiropractic Clinic, S.C. or may be disclosed to others for the purposes of treatment, obtaining payment, or supporting the day-to-day health care operations of this office.

#### Notice of Privacy Practices

Paper copies of the Notice of Privacy Practices are available at the clinic's front desk and/or waiting area and should be reviewed carefully for a more complete description of how your PHI may be used or disclosed. It describes your rights as they concern the limited use of health information, including your demographic information, collected from you and created or received by this office.

#### Requesting a Restriction on the Use or Disclosure of Your Information

- You may request a restriction on the use or disclosure of your Protected Health Information.
- This office may or may not agree to restrict the use or disclosure of your Protected Health Information.
- If we agree to your request, the restriction will be binding with this office. Use or disclosure of protected information in violation of an agreed upon restriction will be a violation of the federal privacy standards.

#### Revocation of Consent

You may revoke this consent to use and disclosure of your Protected Health Information. You must revoke this consent in writing. Any use or disclosure that has already occurred prior to the date on which your revocation of consent is received will not be affected.

**By my signature below I give permission to use and disclose my health information.**

\_\_\_\_\_  
Patient/ Legal Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Patient's Full Name



# Consent Form

## INFORMED CONSENT

**The Nature of Chiropractic Treatment:** The doctor will use his/her hands or a mechanical device in order to move your joints. You may feel a "click" or "pop" similar to the noise produced when a knuckle is "cracked", and you may feel movement of the joint. Various ancillary procedures, such as hot or cold packs, electric muscle stimulation, therapeutic ultrasound, cold laser therapy or traction may also be used.

**Possible Risks:** As with any health care procedures, complications are possible following a chiropractic manipulation. Complications could conceivably include fracture of bone, muscular strain, ligamentous sprain, dislocation of joints, or injury to intervertebral discs, nerves, or spinal cord. A minority of patients may notice stiffness or soreness after the first few days of treatment. The ancillary procedures could produce skin irritation, burns, or other minor complications. There are reported cases of stroke associated with visits to medical doctors and chiropractors. Research and scientific evidence does not establish a cause-and-effect relationship between chiropractic treatment and the occurrence of stroke; rather, recent studies indicate that patients may be consulting medical doctors and chiropractors when they are in early stages of a stroke. The possibility of such injuries occurring in association with upper cervical adjustment is extremely remote.

**Probability of Risks Occurring:** The risks of complications due to chiropractic treatment have been described as "rare" to "extremely rare", statistically less often than complications from taking a single aspirin tablet.

**Treatment Options other than Chiropractic Treatment:**

- **Medical Care:** Typically, anti-inflammatory drugs, muscle relaxers, or pain medications are recommended by medical doctors. Risks of these drugs include numerous undesirable side effects. There is also the possible risk of patient dependency on medication in some cases. Medical doctors may also consider physical therapy as an optional treatment plan.
- **Surgery:** Surgery, in conjunction with the above medical care, has the additional risk of adverse reaction to anesthesia and infection, often includes a prolonged convalescent period, and though rare, has included death.

**Risks of Remaining Untreated:** Delay in receiving treatment of spinal and other joint injuries may allow for formation of adhesions, scar tissue, and other degenerative changes. These changes can further reduce mobility and result in chronic pain. It is probable that delay in receiving treatment will complicate the condition and make future treatment of rehabilitation efforts more difficult.

**Patient's Receipt of Informed Consent:** I have read the above explanation of chiropractic treatment. I also had the opportunity to ask questions and have them answered to my satisfaction. I have evaluated the risks and benefits of undergoing treatment. I have freely decided to undergo the recommended treatment and hereby give my full consent to treatment.

**Signature (Patient, Parent/ Legal Guardian):** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Printed Name:** \_\_\_\_\_

**Patient Name (If patient is a minor):** \_\_\_\_\_

## INSURANCE CONSENT

I give permission for Bakke Chiropractic to give me medical treatment. I allow Bakke Chiropractic to file for insurance benefits to pay for the care I receive. I understand that Bakke Chiropractic will send my medical record information to my insurance company. I must pay for the cost of these services if my insurance does not pay, or I do not have insurance.

- I authorize the release of any information Bakke Chiropractic deems appropriate concerning my physical condition to any insurance company, attorney, or adjustor in order to process any claim for reimbursement of charges incurred for services provided me by you or any member of your staff acting on your behalf.
- I authorize direct payment to Bakke Chiropractic of any sum I now or hereafter owe by any insurance company obligated to reimburse me for the charges for your services or by my attorney out of the proceeds of any settlement of my case.
- I understand that my insurance may not cover all, or any of the services that I will be receiving and that whatever amount you do not collect from insurance proceeds (whether it be all or part of what is due) I personally owe you.
- I understand that I am required to pay my co-pay or Patient Options charges at the time of my office visit.
- I am aware that Bakke Chiropractic does not bill insurance companies for massage services with the exception of pre-authorized injury cases, and that I am personally responsible for payment of these services at the time of visit.

**Signature (Patient, Parent/ Legal Guardian):** \_\_\_\_\_ **Date:** \_\_\_\_\_

I hereby state and agree that a photocopy of this document will be deemed as valid and binding on all parties involved as the original copy.

## AUTHORIZATION TO DISCLOSE INFORMATION

I, \_\_\_\_\_, hereby authorize Bakke Chiropractic Clinic S.C. to release information related to my medical treatment and/ or financial account records to the following person(s):

\_\_\_\_\_  
(Name of Authorized)

\_\_\_\_\_  
(Relationship to Patient)

\_\_\_\_\_  
(Name of Authorized)

\_\_\_\_\_  
(Relationship to Patient)

### Expiration Date:

Unless otherwise revoked, this authorization will expire on the following date: \_\_\_\_\_

(I reserve the right to withdraw this authorization at any time by written, dated communication to Bakke Chiropractic Clinic S. C.)

I understand that if the authorization recipient is not a provider, health plan, or clearinghouse required to comply with federal privacy standards, the information disclosed pursuant to this authorization may no longer be protected by the federal privacy standards and my health information may then be disclosed by the recipient without obtaining any further authorization.

I have had an opportunity to review and understand the content of this authorization form. By signing this authorization, I am confirming that it accurately reflects my wishes.

**Signature (Patient, Parent/ Legal Guardian):** \_\_\_\_\_ **Date:** \_\_\_\_\_

\* If this authorization is signed by a representative of the patient, please complete the following:

Representative Name: \_\_\_\_\_

Patient is: \_\_\_\_\_ Minor \_\_\_\_\_ Incompetent \_\_\_\_\_ Disabled \_\_\_\_\_

Deceased Legal Authority: \_\_\_\_\_ Parent of Minor \_\_\_\_\_ Legal Guardian Power of Attorney \_\_\_\_\_ Next of Kin

## WOMEN'S CONSENT FOR X-RAYS

### PREGNANCY WARNING AND CONSENT TO X-RAY

I understand that if I am pregnant and have x-rays taken which expose my lower torso to radiation, it is possible to injure the fetus. I have been advised that if there is a chance I may be pregnant the 10 days following onset of menstrual period are generally considered to be the safest time for an x-ray examination. With full understanding of the above, and believing that I am not currently at risk, I give the doctors of Bakke Chiropractic permission to perform an x-ray examination on me if they feel it is necessary.

☐ I wish to decline to have X-Rays taken at this time

**Signature (Patient, Parent/Legal Guardian):** \_\_\_\_\_ **Date:** \_\_\_\_\_



**BAKKE CHIROPRACTIC CLINIC**  
**MOVING VEHICLE INJURY HISTORY FORM (Vehicular)**

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_ Case#: \_\_\_\_\_

Date of accident: \_\_\_\_\_ Time of accident: \_\_\_\_\_ ☐ AM ☐ PM

Were you the: ☐ driver ☐ front seat passenger ☐ rear seat passenger  
Driver of vehicle (if not you): \_\_\_\_\_  
Owner of vehicle: \_\_\_\_\_

Part of your vehicle involved: ☐ front ☐ rear ☐ driver side ☐ passenger side ☐ rolled

Road conditions: ☐ icy ☐ snowy ☐ rainy ☐ wet ☐ clear/dry ❖ Did you see the accident coming? ☐ Yes ☐ No

Approx. speed of your vehicle: \_\_\_\_\_ mph. Speed of other vehicle: \_\_\_\_\_ mph. ❖ Did you brace for impact? ☐ Yes ☐ No

Were your brakes applied? ☐ Yes ☐ No ☐ Unsure ❖ Were you wearing your seat belt/shoulder harness? ☐ Yes ☐ No

Position of your headrest at the time of the accident, even with? ☐ your neck ☐ lower half of head ☐ upper half of head

Head position at time of impact: ☐ turned right ☐ turned left ☐ looking up ☐ looking down ☐ looking forward

Body position at time of impact: ☐ neutral ☐ turned right ☐ turned left ❖ Were you cut or bruised? ☐ Yes ☐ No

Did any part of your body hit anything inside the car? ☐ Yes ☐ No ❖ Were you knocked unconscious? ☐ Yes ☐ No

Was a police report done? ☐ Yes ☐ No ❖ Did the rescue squad come? ☐ Yes ☐ No ❖ Were you evaluated? ☐ Yes ☐ No

Describe what happened to you upon impact: \_\_\_\_\_

Describe how you felt: immediately after the accident \_\_\_\_\_

later that day \_\_\_\_\_

the day after \_\_\_\_\_

**Before** this accident, **did you have symptoms** in areas of your body now affected? ☐ Yes ☐ No

If yes, explain: \_\_\_\_\_

Are your daily activities different since the accident? ☐ Yes ☐ No If yes, explain: \_\_\_\_\_

What is painful or difficult to do now \_\_\_\_\_

List ALL medical doctors, doctors of chiropractic, and physical therapists you have seen since the accident: \_\_\_\_\_

❖ Do you have an attorney? ☐ Yes ☐ No

Are you currently on any work restrictions? ☐ Yes ☐ No If yes, by whom? \_\_\_\_\_

What are the restrictions? \_\_\_\_\_

**AUTOMOBILE INSURANCE INFORMATION**

Policy Holder Name \_\_\_\_\_ Phone # \_\_\_\_\_

Auto Insurance Name \_\_\_\_\_ Phone # \_\_\_\_\_

Address \_\_\_\_\_

Claim # \_\_\_\_\_ ID# /Group / Policy # \_\_\_\_\_

Adjuster's Name: \_\_\_\_\_ Phone # \_\_\_\_\_

My signature below verifies that I have read, understood and truthfully answered each question to the best of my ability.

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_